

雞鴨類 Poultry



杏仁雞 **Almond Chicken** 9.95
Diced chicken sauteed with almond (or cashew), bamboo shoots, and zucchini.

咖喱雞丁 **Curry Chicken** 9.95
Diced chicken sauteed with peas & carrots, onions in mild yellow curry sauce.

什錦雞丁 **Chicken with Assorted Vegetables** . 9.95
Diced chicken sauteed with broccoli, snow peas, carrots, and water chestnuts.

醬爆雞丁 **Bean Sauce Chicken** 9.95
Diced chicken sauteed with onion, water chestnut, and black mushroom, in Hoisin sauce.

茄子雞丁 **Chicken with Eggplant** 10.75
Diced chicken sauteed with fresh Chinese eggplant and basil.

四季豆雞 **Chicken with String Bean** 10.75
Diced chicken sauteed with fresh string beans in tasty garlic & chili sauce. Customers' favorite!

乾烹雞 **Sze-Chun Chicken** 10.75
(aka General's Chicken)
Nuggets of chicken breast deep-fried in batter then cooked with chili, sugar, vinegar, and soy sauce. A Must at Lai Lai!

乾烹雞翅 **Sze-Chun Chicken WINGS** 8.95
8 wings dry-fried in Sze-Chun Chicken sauce. The Best!

檸檬雞 **Lemon Chicken** 10.75
Chicken breast deep-fried in batter, topped with mouth-watering lemon sauce. Recommended by the chef!

古老雞 **Sweet & Sour Chicken** 10.75
Nuggets of chicken breast deep-fried in batter, and sauteed with carrots, bell peppers, onions, and pineapples in sweet & sour sauce.

冬菇雞丁 **Black Mushroom Chicken** 10.75
Diced chicken sauteed with black mushrooms, bamboo shoots, and green onions.

生炒雞片 **Snow White Chicken** 10.75
Thin slices of chicken breast sauteed with snow peas, carrots, and water chestnuts. A very healthy combination.

宮保雞丁 **Kung Pao Chicken** 10.75
Diced chicken sauteed with zucchini, bamboo shoots, and peanuts, in spicy Kung Pao sauce.

雪豆雞丁 **Snow Peas Chicken** 10.75
Diced chicken sauteed with snow peas & water chestnut, in wine sauce.

湖南雞丁 **Hunan Chicken** 10.75
Diced chicken sauteed with bell pepper and water chestnuts in light sauce.

HOT & SPICY

蔬菜類 Vegetables

素什錦 **Vegetable Deluxe** 9.50
Broccoli, snow peas, bamboo shoots, water chestnuts, sliced mushrooms & carrots. A colorful combo.

清炒菠菜 **Wok Fried Spinach with Garlic** .. 9.95

炒芥蘭 **Wok Fried Broccoli** 9.50

炒菜心 **Wok Fried Chinese Green** 9.95

炒四季豆 **Wok Fried String Beans** 9.95

香葉茄子 **Eggplant With Basil** 9.95

芙蓉蛋 **Egg Fu Young with Mushroom Gravy** 10.50
Bean sprouts with whipped egg and yellow onions, pan fried, then topped with mushroom gravy.

宮保素菜 **Kung Pao Veggies** 10.50
Bok choy, broccoli, snow peas, carrots, and peanuts stir-fried with spicy Kung Pao sauce.

冬菇豆腐 **Bean Cake with Black Mushrooms** 9.95
Bean cake sauteed with black mushrooms, bamboo shoots, green onion.

宮保豆腐 **Kung Pao Bean Cake (Tofu)** 9.95

回鍋豆腐 **Twice Cooked Bean Cake** 9.95
Fried bean cake sauteed with cabbage, bell pepper, bamboo shoots in Hoison Sauce.

茄子豆腐 **Eggplant With Tofu & Basil** 9.95

四季豆豆腐 **String Beans With Tofu** 9.95

咖喱素菜 **Curry Veggie** 10.50

Luncheon Menu

FROM 11:00 AM TO 3:00 PM EVERYDAY.

Choice of number:

1. { 古老肉 Sweet & Sour Pork
春捲 Egg Roll
炒麵 Chow Mein (No Meat)
炒飯 Fried Rice } 9.50

2. { 素什錦 Vegetable Deluxe
炸雲吞 Fried Won Ton
炸蝦 Fried Prawns (2)
炒飯 Fried Rice } 9.50

3. 杏仁雞丁飯 Almond Chicken with Steamed Rice . 9.50

4. 古老雞飯 Sweet & Sour Chicken with Steamed Rice 9.50

5. 芥蘭牛肉飯 Broccoli Beef with Steamed Rice 9.50

6. 咖喱雞飯 Curry Chicken with Steamed Rice ... 9.50

7. 蠔油牛肉飯 Oyster Sauce Beef with Steamed Rice. 9.50

8. 什錦燴飯 Prawns, Chicken, Beef & Vegetables with Steamed Rice. 9.95

9. 蒙古牛肉飯 Mongolian Beef with Steamed Rice . 9.95

10. 公保雞飯 Kung Pao Chicken with Steamed Rice. . 9.95

11. 豆腐牛肉飯 Bean Cake Beef with Steamed Rice . 9.95

12. 乾烹雞飯 Sze-Chuan Chicken with Steamed Rice 9.95

Substitution / addition of ingredient will incur additional charge.

Rice

白飯 Steamed Rice 1.75

糙米飯 Brown Rice 2.00

素炒飯 Veggie Fried Rice 7.95

牛肉炒飯 Pork or Beef or B.B.Q. Pork Fried Rice 7.95

雞炒飯 Chicken Fried Rice 7.95

蝦仁炒飯 Shrimp Fried Rice (6 shrimps) 8.50

揚州炒飯 Fried Rice Yang Chow Style 8.50

星州炒飯 Fried Rice Singapore Style 9.95
Prawns (2), beef, chicken, eggs, peas & carrots, and green onions.

大蒜炒飯 Garlic Fried Rice 7.95
Just eggs, green onions, peas and carrots, and GARLIC!!

Chow Mein

清炒麵 Plain Chow Mein 7.25
Kids' Favorite. Just noodles. Lots of noodles.

大蒜炒麵 Garlic Chow Mein 7.95
Chow Mein noodles stir-fried with garlic. Delicious and mouth watering!

素炒麵 Veggie Chow Mein 8.50

肉絲炒麵 Pork or Beef or B.B.Q. Pork Chow Mein 8.50

雞炒麵 Chicken Chow Mein 8.50

蝦仁炒麵 Shrimp Chow Mein (6 shrimps) ... 9.95

蕃茄牛肉炒麵 Tomato Beef Chow Mein 9.95

什錦炒麵 Special Chow Mein 9.95
Prawns (2), beef, chicken & vegetables.

炸醬麵 Noodles with Meat Sauce 8.50
Boiled noodles topped with meat sauce.

三鮮湯麵 Three Delights Noodles in Soup .. 9.95
Prawns (2), chicken, beef, spinach, in chicken broth.

Chow Fun

干炒牛河 Dry Braised Beef Chow Fun 9.95
Chow fun stir-fried with beef, onions, green onions, and bean sprouts in dark sauce.

牛肉菜心炒粉 Chinese Green Beef Chow Fun. . . 10.50
Beef sauteed with Chinese greens (Bok Choy) with lots of sauce OVER a bed of chow fun noodles. A saucy dish.

NOT RESPONSIBLE FOR LOST ARTICLES.

SALES TAX CHARGED TO ALL FOOD & BEVERAGES.

We reserve the right to refuse to serve anyone.

HOT & SPICY



LAI LAI RESTAURANT

Mandarin Cuisine

Since 1983

來來飯店

FOOD TO GO

(650) 692-8898

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Lai Lai Millbrae.com

NO M.S.G.
USED IN OUR FOOD

334 Broadway
Millbrae, CA 94030

Please alert your server of any food allergies or preferences, as not all ingredients are listed on the menu.

Price effective 4-2017